



18 INCH AND AMERICAN GIRL SARONG

Make Your Outfit Instructions

Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!



1. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric - 7 ¼ inches (18cm) cotton or cotton blend
- 3) Elastic ¼ x 11 inch (6 mm x 28 cm)
- 4) Matching thread
- 5) Paper scissors
- 6) Fabric scissors or rotary blade & cutting mat
- 7) Clippers/snips
- 8) Pins
- 9) Safety pin or bodkin
- 10) Ruler, tape measure or sewing gauge

2. Preparing Paper Pattern

- 1) Check the measurement along the fold is correct according to the tip
- 2) Cut out pattern pieces following the solid line.

3. Cutting out fabric

- 1) Fold fabric over and place paper pattern onto the fabric with the edge that says 'Place on fold of fabric' along the fold. Ensure the grain line on the pattern is running parallel to the selvedge of the fabric.
- 2) Pin pattern in place and cut around with scissors or cutting blade.



4. Turn Up Hem

- 1) Sew a row of gathering stitch $\frac{1}{4}$ inch (6mm) in from raw edge along the two curved edges of the hem.
- 2) Gather gently so that the curved hem starts to turn up automatically. Repeat on other curve. Turn up $\frac{1}{2}$ inch (12mm) on the hem to wrong side, pin and press.
- 3) Turn raw edge of hem down into the fold made when pressing. Pin and press.
- 4) Sew hem with straight stitch close to left fold.
- 5) Remove or clip off threads from gathering stitch.

5. Turn down casing

- 1) At top of sarong, turn down raw edge $\frac{5}{8}$ inch (15mm) to wrong side of fabric. Pin and press.
- 2) Turn raw edge of casing in towards fold $\frac{1}{8}$ inch (3mm). Pin and press.

6. Sewing casing

- 1) Overlap ends of sarong 3 inches (7.5cm) with raw edges even. Pin.
- 2) Stitch this overlap section together approx $\frac{1}{2}$ inch (12mm) from raw edges.
- 3) Turn down casing along $\frac{1}{8}$ inch (3mm) fold and then again at $\frac{5}{8}$ inch (15mm) fold. Pin.
- 4) Stitch the casing close to the left fold starting at the back of the sarong and continuing around, leaving a gap of approx $\frac{1}{2}$ inch (5mm) for threading the elastic.

7. Thread Elastic Through Casing

- 1) Use a safety pin or bodkin to thread elastic through the casing.
- 2) Overlap elastic ends and stitch with a zigzag stitch. Pull elastic back into the casing.
- 3) Stitch opening of casing closed.



8. Congratulations YOU did it!

Celebrate! YOU made another great outfit. Well done!