



18 INCH AND AMERICAN GIRL SUMMER DRESSING GOWN

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!

2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric (trim and gown in same fabric) – 16 ½ inches (42cm) x 30 inches (76cm) cotton, cotton blend, satin, toweling
OR Fabric (gown) – 12 ½ inches (32cm) x 20 inches (51cm) cotton, cotton blend, satin, toweling
plus Fabric (contrast trim) – 4 inches (10cm) x 29 inches (74cm) cotton, cotton blend, satin, toweling
- 3) Matching thread
- 4) Paper scissors
- 5) Glue
- 6) Fabric scissors or Rotary Blade & Cutting Mat
- 7) Clippers/snips
- 8) Point turner or Looper
- 9) Tape measure or sewing gauge
- 10) Pins
- 11) Ruler





3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern pieces following the solid line.
- 3) Join the 2 parts of Piece #1 together. Join the 2 parts of Piece #2 together. Join the 2 parts of Piece #4 together. Join the 2 parts of Piece #5 together.

4. Cutting Out Summer Dressing Gown

- 1) Fold fabric in half and place paper pattern piece #2 – Back, Piece #4 – Waist Tie and Piece #5 – Main Trim, onto the fabric with the edge that says 'Place on Fold of Fabric' along the fold of the fabric.
- 2) Place Piece #1 – Front, and Piece #3 – Sleeve Trim, onto the fabric taking note of the direction of the grain line.
- 3) Pin pattern pieces in place.
- 4) Cut around the paper pattern with fabric scissors or rotary cutter.
- 5) Remove pins from all pieces except Piece #4 – Waist Tie.

5. Join Shoulder Seams

- 1) With right sides of fabric together, match the raw edges of the shoulder of the back piece with the shoulder of the two front pieces making sure that the edges of the sleeves are also matching. Pin in place.
- 2) Sew a ¼ inch (6mm) seam across both shoulders, securing beginning and end with reverse stitches.
- 3) Overcast raw edges with a zigzag stitch.

6. Attach Sleeve Trim

- 1) Fold the first sleeve trim in half lengthwise so that the wrong sides are together. Press. Repeat with the second sleeve trim.
- 2) Open out the front and back of the dressing gown so that the right side is facing up. Place the raw edges of the first sleeve trim against the raw edge of the first sleeve. Pin in place.
- 3) Repeat with the second sleeve trim and second sleeve.



- 4) Sew a ¼ inch (6mm) seam joining the trim to the sleeve, securing beginning and end with reverse stitches. Repeat with second sleeve. Cut off any excess trim.
- 5) Overcast raw edges with a zigzag stitch.
- 6) Open out trim and top stitch seam allowance to dressing gown 1/8 inch (3mm) from seam. Repeat on second sleeve.

7. Attach Main Trim

- 1) Fold main trim in half lengthwise so that wrong sides are together and press.
- 2) With the right side of the dressing gown facing up, place the main trim onto the front opening of the dressing gown. Start by matching the short end of the trim with the hem and then matching the raw edges of the trim with the raw edge of the opening. Pin in place. When at the shoulder seam, check which way the seam allowance is facing on the sleeve trim and pin seam allowance in the same direction at the neckline.
- 3) Sew a ¼ inch (6mm) seam joining the trim to the front opening, securing beginning and end with reverse stitches. Cut off any excess trim.
- 4) Overcast raw edges with a zigzag stitch.
- 5) Open out trim and top stitch seam allowance to dressing gown 1/8 inch (3mm) from seam.

8. Sew Side Seam

- 1) With right sides together, match side seams starting at the sleeve. Pin. Repeat with second side.
- 2) Using a straight stitch, sew a ¼ inch (6mm) seam, securing beginning and end with reverse stitches. Repeat on second side.
- 3) Overcast raw edges with a zigzag stitch, securing beginning and end with reverse stitches. Repeat on second side.

9. Hem

- 1) Fold raw edge of hem up ½ inch (12mm) up into the wrong side of the dressing gown. Pin and press.
- 2) Remove pins.
- 3) Fold raw edge of hem down into the fold and pin in place.
- 4) Using a straight stitch sew close to the top fold of the hem, securing with reverse stitches at the beginning and end.



10. Make Waist Tie

- 1) Remove the paper pattern from fabric. Fold fabric in half lengthwise with right sides together, pin. At one end fold back $\frac{1}{4}$ inch (6mm) so that when we turn the tie to the right side, the raw edge is not visible.
- 2) Sew $\frac{1}{4}$ inch (6mm) seam along first short end (end that is not turned back), then down the length of the tie, securing with reverse stitches at the beginning and end. Clip off excess fabric at corner.
- 3) Turn tie to right side using point turner or looper. Stitch across open end with straight stitch. Press.

11. Attach Waist Tie

- 1) Fold Waist Tie in half and mark with a pin. Find centre back of dressing gown by folding dressing gown in half matching sleeves. Measure down the centre back fold $4\frac{3}{4}$ inches (12cm) from neckline and place a pin.
- 2) Open dressing gown out with back facing up, place the centre point (pin) of the tie on top of the centre back pin. Remove one pin and use second pin to secure tie to dressing gown. Using a zigzag stitch secure tie to dressing gown sewing down and up again.

12. Congratulations You Did It!

Celebrate! YOU made another great outfit. Well done!