



## **18 INCH AND AMERICAN GIRL UNDERPANTS**

### **Make Your Outfit Instructions**

#### **Preview of Completed Outfit**

Play this video and check out this great outfit that YOU will make!



#### **1. Tools and Resources Required**

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric – 8 1/2 inches (22cm) x 7 1/2 inches (19cm) cotton knit, cotton blend knit
- 3) Matching thread
- 4) 20 inches (50cm) of 1/8 inch (3mm) elastic
- 5) Paper scissors
- 6) Fabric scissors or Rotary Blade & Cutting Mat
- 7) Clippers/snips
- 8) Marking pen
- 9) Pins
- 10) Ruler
- 11) Optional ribbon bows, flowers, or decoration

#### **2. Preparing Paper Pattern**

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern piece following the solid line.

#### **3. Cutting Out Underpants**

- 1) Place paper pattern onto single layer of fabric ensuring that the maximum stretch will be going around the body. Pin in place.
- 2) Cut around the paper pattern with fabric scissors or rotary blade. Remove pins.



#### **4. Attaching Elastic to Legs**

- 1) Mark elastic at 2 1/8 inches (5.5cm) and 4 1/4 inches (11cm).
- 2) Find half way around the first leg hole by folding it in half and mark with a pen or pin.
- 3) On the wrong side of the fabric, place elastic at the beginning of the leg hole, in line with the side seam and in 3/8 inch (5mm) from the raw edge. Fold raw edge of leg hole over elastic and pin.
- 4) Place under presser foot and do some forward and reverse zigzag stitches to secure elastic.
- 5) With the needle down in the fabric, stretch the elastic out till the first mark is in line with the half way mark of your leg hole. Fold fabric over elastic and stitch in place. Do this in small sections. Once you are at the half way mark, stretch the elastic out till the second mark is in line with the end of the leg hole. Fold fabric over elastic and stitch in place. Again, working in small sections and secure stitches at the end with some reverse stitches.
- 6) Repeat steps 1) to 5) for second leg.

#### **5. Sew First Side Seam**

- 1) Match the first side seam with right sides of the fabric together. Ensure the top of the leg hole is even. Pin in place.
- 2) Using a small zigzag, or stretch stitch sew the side seam, securing ends with reverse stitches.

#### **6. Attach Elastic to Waist**

- 1) Measure and mark 1/8 inch (3mm) elastic at 4 3/8 inches (11cm) and again at 8 3/4 inches (22cm).
- 2) On the wrong side of the fabric, place elastic at the beginning of the waistline, in line with the side seam and in 3/8 inch (5mm) from the raw edge. Fold raw edge of waistline over elastic and pin.
- 3) Place under presser foot and secure elastic with some reverse zigzag stitches.



- 4) With the needle down in the fabric, stretch the elastic out till the first mark is in line with the side seam. Fold fabric over elastic and stitch in place. Do this in small sections. Once you are at the side seam, stretch the elastic out till the second mark is in line with the end of the waistline. Fold fabric over elastic and stitch in place. Again, working in small sections and secure stitches at the end with some reverse stitches.

## **7. Sew Second Side Seam**

- 1) Match side seam with right sides of fabric together. Ensure the waistline and top of the leg is even. Pin in place.
- 2) Using a small zigzag, or stretch stitch sew the side seam, securing ends with reverse stitches.
- 3) Turn to right side.

## **8. Attach Bow and Mark Back of Underpants**

- 1) Find centre front of underpants. Using a zigzag stitch, attach ribbon bow.
- 2) Find centre back of underpants. With contrasting thread, and using a wide zigzag stitch with the feed dogs down (or reduce the stitch length to 0.5), sew 6-10 stitches.

## **9. Congratulations You Did It!**

Celebrate! YOU made another great outfit. Well done!