



18 INCH AMERICAN GIRL & 18 ½ INCH CABBAGE PATCH BEANIE

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!



2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric for 18 Inch & American Girl - 15 inches (38cm) polar fleece, knitted fabric, any knit fabric with blend of elastane or spandex.

Fabric for 18 ½ inch Cabbage Patch – 16 inches (40cm) polar fleece, knitted fabric, any knit fabric with blend of elastane or spandex.

- 3) Matching thread
- 4) Paper scissors
- 5) Glue
- 6) Fabric scissors
- 7) Clippers/snips
- 8) Pins
- 9) Ruler



3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern pieces following the solid line relevant to the size of beanie you wish to make. **Note:** The inside solid line is for the 18 inch and American Girl doll size beanie and the outside solid line is for the 18 ½ inch Cabbage Patch doll size beanie.
- 3) Glue pattern piece #1 part 1 on top of pattern piece #1 part 2 matching the solid line to dashed line and placing glue in the overlap section.

4. Cutting Out Fabric

- 1) Fold fabric in half with the right sides of the fabric together and matching the two selvages. Place pattern piece #1 onto the fabric taking note that the maximum stretch is going across the width of the beanie and in the direction of the arrow on the pattern. Pin in place.
- 2) Cut around the paper pattern with fabric scissors or rotary cutter. Remove pins.

5. Sewing the Seam

- 1) Pin the two pieces of fabric together all around the outside edge.
- 2) Using a zigzag stitch and starting at one end (pointy part of the beanie), sew ¼ inch (6mm) seam all around the outside edge leaving a 1 inch (2.5cm) gap between where you start and where you finish sewing. Secure beginning and end of stitching with reverse stitches.
- 3) Turn the beanie to the right side by pushing the opposite end up through the gap in stitching. Once fabric is showing through the gap, you can gently pull the rest of the beanie through.

6. Completing the Beanie

- 1) With raw edges showing through the gap, stitch across to seal the hole (straight or zigzag stitch – it doesn't matter). Do not worry about the raw edges showing as you will not see this on the finished beanie.
- 2) Use your thumb to push the point of the beanie that you have just stitched, up into the point at the other end. Making sure you have pushed this up as far as



you can, carefully remove your thumb and hold all the layers together with your other hand. Pin across this point.

- 3) Holding the point of the beanie, give it a shake so that the fabric is laying flat and you will find that the beanie is starting to look more like a beanie.
- 4) Pull a little extra thread through the needle and bobbin so you have about 5 inches (12cm) before starting to sew. Sew a row of stitches (straight or zigzag – again it doesn't matter) across the top of the beanie about $\frac{3}{4}$ - 1 inch (2-2.5cm) down from the point making sure to leave at least 12 inches (30cm) of thread.
- 5) Use your fingers to crunch up the beanie at the point where you have sewn your row of stitches. Hold the beanie with one hand and use the other hand to wrap the long threads around the top of the beanie where the stitching is. Continue wrapping the threads around this point until you have about 5 inches of thread remaining. Using the threads you have been wrapping around the beanie and the threads from the beginning of the stitching, tie a secure knot. Wrap the threads in opposite directions around the top again and tie another secure knot. Clip off excess thread.
- 6) Turn up a cuff at the bottom of the beanie and it is ready to wear with a 'pompom' on the top. Or if you prefer, turn the 'pompom' to the inside, fold up a cuff and pop it on your doll.

7. Congratulations YOU did it!

Celebrate! YOU made a great little beanie for your doll. Well done!