



18 INCH AND AMERICAN GIRL HANDKERCHIEF TOP

Make Your Outfit Instructions

Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!



1. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric – 9 inches (23cm) cotton, cotton blend
- 3) Velcro $\frac{3}{4}$ inch (2cm) square & $\frac{3}{8}$ inch (1cm) square
- 4) Matching thread
- 5) Paper scissors
- 6) Paper Glue
- 7) Fabric scissors
- 8) Clippers/snips
- 9) Pins
- 10) Point Turner
- 11) Ruler, sewing gauge or tape measure

2. Preparing Paper Pattern

- 1) Check the 2 inch (5cm) tip measurement is correct to ensure you have printed the pattern to the correct size.
- 2) Cut out pattern pieces following the solid line.
- 3) Glue Pattern Piece #1 : Part 1 to Pattern Piece #1 : Part 2
- 4) Glue Pattern Piece #2 : Part 1 to Pattern Piece #2 : Part 2



3. Cutting Out Fabric

- 1) Fold fabric in half so that the selvages are together and place paper pattern piece #2 onto the fabric with the edge of the pattern that says 'Place on Fold of Fabric' is along the fold of the fabric.
- 2) Place pattern piece #1 below pattern piece #2 so that the Grain line is parallel with the selvedge.
- 3) Pin patterns in place and cut around with scissors or cutting blade.
- 4) Take one piece of the remaining fabric and place pattern piece #3 onto the fabric with the Grain Line running parallel to the selvedge. Pin in place and cut around with scissors or cutting blade.

4. Make Halter Strap

- 1) Fold strap in half lengthwise with right sides together. Pin along raw edges.
- 2) With a straight stitch, sew a ¼ inch (6mm) seam across one short end and down the length leaving the second short end open. Secure beginning and end of stitching with reverse stitches.
- 3) Clip excess fabric from the corner.
- 4) Turn strap to right side and press.

5. Sew Bodice

- 1) Place one bodice piece on the table with the right side of the fabric facing up. Match the raw end of the halter strap with the left hand peak of the bodice front. This will mean that the strap starts at the peak, goes across the bodice and extends below the bodice. Pin at peak.
- 2) Place the second bodice piece with right side of fabric facing down on top of the first bodice piece. This will mean that the rights sides of the fabric are now together. Pin across both short ends and along the top ensuring that you secure the strap between both pieces of bodice.
- 3) With a straight stitch, sew ¼ inch (6mm) seam across the first short end, along the top and down the second short end securing beginning and end with reverse stitches.



- 4) Clip excess fabric from corners at the ends of the bodice and at the peaks at the front. Make three clips along the curves at the underarms and one single clip at the very centre front. Be careful not to cut the stitching.
- 5) Turn bodice to right side and press.

6. Hem Handkerchief Frill Ends

- 1) Sew a row of straight stitches $\frac{1}{4}$ inch (6mm) in from the raw edge all along the hem line.
- 2) At one end of the Bottom Frill, fold raw edge over $\frac{1}{2}$ inch (12mm) toward the wrong side of the fabric. Pin. Repeat with the other end. Press.
- 3) At one end of the Bottom Frill, fold raw edge down into the fold that you have just pressed. Pin. Repeat with the other end. Press.
- 4) Using a straight stitch, sew just inside the second fold that you have just created, securing beginning and end with reverse stitches.

7. Fray Handkerchief Frill

- 1) Place the Bottom Frill on the table with the flat edge to the top and the uneven hemline to the bottom.
- 2) At the top of each triangle (where the fabric has been cut away) make a small clip in the fabric being careful not to cut the stitching.
- 3) Working from one end of the frill, pull the threads down to create the frayed look. The row of stitching $\frac{1}{4}$ inch (6mm) in from the raw edge will prevent the threads from fraying any further up the fabric.

8. Prepare Frill for Gathering

- 1) Sew first row of gathering stitch less than $\frac{1}{4}$ inch (6mm) from raw edge all along the length of the top of the frill leaving threads at the ends of sewing.
- 2) Sew second row of gathering stitch more than $\frac{1}{4}$ inch (6mm) from raw edge all along the length of the top of the frill leaving threads at the ends of sewing.
- 3) Mark frill in quarters along the top edge of the frill using pins or mark with a pen.



9. Attach Frill to Bodice

- 1) Mark bodice in quarters along the bottom using pins or mark with a pen.
- 2) With right sides together, match the quarter marks along the bottom of the bodice with the quarter marks along the top of the frill.
- 3) Gather the frill evenly between each set of pins and secure the frill to the bodice with extra pins.
- 4) Using a straight stitch, sew frill to bodice with $\frac{1}{4}$ inch (6mm) seam allowance. This should be between the two rows of gathering stitches. Remove the bottom row of gathering thread.
- 5) Overcast raw edges with a zigzag stitch.
- 6) Fold seam allowance up towards the bodice and press.
- 7) Sew a row of straight stitches along the bottom of the bodice $\frac{1}{8}$ inch (3mm) up from the seam. (Top stitch)

10. Attach Velcro

- 1) Using a straight stitch, sew the hook side of the $\frac{3}{4}$ inch (2cm) square of Velcro on to the right side of one end of the bodice. Stitch the loop side of the Velcro square on to the wrong side of the other end of the bodice. Secure ends with reverse stitches.
- 8) Place the handkerchief top onto your doll and wrap the strap around her neck. Secure the end at the front of the bodice with a pin. Take another pin and mark the strap where it overlaps the top of the bodice. Remove the top from the doll.
- 9) Using a straight stitch, sew the hook side of the $\frac{3}{8}$ inch (1cm) square of Velcro on to the strap $\frac{1}{8}$ inch (3mm) down from the pin that marked the top of the bodice. Stitch the loop side of the Velcro square on to the wrong side of the bodice $\frac{1}{8}$ inch (3mm) down from the top of the bodice peak that does not have the strap attached. Secure ends with reverse stitches.

11. Congratulations You Did It!

- 1) Celebrate! YOU made another great outfit. Well done!