



## **18 ½ INCH CABBAGE PATCH KIDS WEDDING DRESS**

### **Make Your Outfit Instructions**

**Option 1** – Wedding Dress with lace sleeves and lace overlay on bodice.

**Option 2** – Wedding Dress with no sleeves and lace overlay on skirt.

**Option 1**

**Option 2**



### **1. Preview of Completed Outfit**

Play this video and check out this great outfit that YOU will make!

### **2. Tools and Resources Required**

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Dress Fabric – 14" (35cm) satin or other woven fabric suitable for wedding dress minimum width 58" (145cm)
- 3) Lace Option 1 – 7 (18cm)  
Lace Option 2 – 20" (50cm) minimum width 40" (100cm)
- 4) 15" (38cm) Lace Trim - optional for hem of sleeve in Option 1
- 5) Matching thread
- 6) Velcro strip 3 ¾ " (7cm) long x ½ " (1.2cm) wide. Tip: cut 1" (2.5cm) wide Velcro in half lengthwise to get ½ " (1.2cm) wide strip.
- 7) Paper scissors & Glue
- 8) Fabric scissors/Rotary Blade
- 9) Rolled Hem foot or serger (I do show an option if you don't have either of these so don't worry)
- 10) Clippers/snips
- 11) Pins
- 12) Ruler, tape measure or sewing gauge



### 3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement to ensure the pattern is printed correctly.
- 2) Cut out pattern pieces following the solid line. Note that on the sleeve and the skirt hem there is a cutting line for either the American Girl or Australian Girl.
- 3) Working with Piece #4 the skirt front, glue part 1 on top of part 2 at the overlap section and glue part 3 on top of part 4 at the overlap section. Then glue the combined piece 1 & 2 on top of the combined piece 3 & 4 at the overlap section.
- 4) Working with Piece #5 the skirt back, glue part 1 on top of part 2 at the overlap section and glue part 3 on top of part 4 at the overlap section. Then glue the combined piece 1 & 2 on top of the combined piece 3 & 4 at the overlap section.

### 4. Cutting Out Fabric

- 1) Fold dress fabric in half matching the selvedge. Place the centre front of pattern piece #4 (Skirt Front) onto the fold of the fabric. Place pattern piece #5 (Skirt Back) face down onto the fabric with the centre back running close to and parallel to the selvedge. Place pattern pieces #1 (Bodice Front) and #2 (Bodice Back) onto the fabric between the skirt pieces ensuring grain line runs parallel to the selvedge.
- 2) Pin pattern pieces in place and cut around with scissors or rotary blade.
- 3) **Option 1:** Fold lace in half and place pattern pieces # 2 (Bodice Back) and #3 (Sleeve) onto the lace ensuring that the design of the lace is facing in the correct direction i.e. not upside-down. Pin in place and cut around with scissors or rotary blade. Open out lace and place pattern piece #1 (Bodice Front) onto the lace again ensuring the design of the lace is facing up the correct way. Pin in place and cut around with scissors or rotary blade.
- 4) **Option 2:** Flip paper pattern piece #5 (Skirt Back) over and overlap side seam on top of the side seam of paper pattern piece #4 (Skirt Front). Secure with pins. This will enable you to cut out one single piece of lace for the skirt overlay i.e. have no side seam. Fold lace in half and place centre front of piece #4 (Skirt Front) along the fold ensuring that the direction of the design on the lace is in the correct direction. Pin in place and cut around with scissors or rotary blade.

**NB:** If you do not have enough lace to do the above, please cut out pattern pieces # 4 and #5 in lace as you did with the dress fabric and sew ¼ " (6mm) side seams to join them together.



### **Option 1:**

#### **5. Attach Lace to Bodice**

- 1) With the right side of bodice back pieces facing up, place the bodice back lace pieces (with right side facing up) on top and pin securely. With right side of one bodice front piece facing up, place the bodice front lace piece (with right side facing up) on top and pin securely.
- 2) Using long straight stitches, secure the lace to the satin by sewing just inside the ¼" (6mm) seam allowance all around the edges of both back bodice pieces and the one front bodice piece.

#### **6. Prepare Sleeves**

- 1) If you have lace trim - place along bottom of sleeve on right side of fabric, pin and using a zigzag stitch secure trim to sleeve. Repeat with second sleeve.
- 2) Plain hem - With wrong side of lace facing up, fold down raw edge of hem of sleeve ¼" (6mm) to wrong side. Pin. Using a straight stitch sew half way between raw edge and fold of hem. Repeat with second sleeve.
- 3) Using a long straight stitch sew one row of gathering stitch more than ¼" (6mm) in from raw edge along the curved edge at top of sleeve starting and finishing approx. 1" (2.5cm) in from side.

### **Options 1 & 2:**

#### **7. Sew Shoulder Seams**

- 1) Fold the first bodice back piece in half with wrong sides together and match the side seams. Place a pin at the side seam. Repeat for second back piece.
- 2) Place one front piece (right side up) on the table in front of you. Take one of the back pieces and match shoulder seam of back to shoulder seam of front with side seam and arm holes matching. Pin at shoulder seam making sure to only pin the shoulder of the back piece that is touching the front piece. Repeat with the second back piece and the second shoulder of the front piece.
- 3) Now, lay the second front piece on top of this with the right side facing down, matching both shoulder seams and the side seams. Pin at both shoulders.
- 4) Using a straight stitch sew all four shoulder seams securing beginning and end of each with reverse stitches.



## **8. Sew Neckline**

- 1) Remove the pin from the side seam of the first back piece and fold it the other way so that the right sides are now together. Repeat with other back piece. You will now have the bodice front pieces on top of each other with right sides together and one back bodice piece on either side folded in half with right sides together.
- 2) Match shoulder seams at neckline and pin with one seam allowance facing one way and the other seam allowance facing the opposite direction. Repeat with second shoulder seam. Match the raw edges of the rest of the neckline and secure with pins.
- 3) Using a straight stitch sew  $\frac{1}{4}$  inch (6mm) seam around the neckline securing beginning and end with reverse stitches. At each corner sew one (or two) reverse stitches before turning the fabric and again after turning the fabric. This will secure the corners nicely ready for clipping.

### **Option 1:**

## **9. Turn Bodice To Right Side**

- 1) Clip seam allowance at each corner of the neckline on an angle all the way down to the stitching being careful not to cut the stitching.
- 2) Turn bodice to right side, use your point turner to push the end of the bodice back piece out to a nice point.
- 3) Press carefully with an iron.

## **10. Attach Sleeves**

- 1) Fold sleeve in half matching the side seam. Mark the centre point at the top of the sleeve with a pin.
- 2) With right sides of fabric together, match the centre top of the sleeve with the shoulder seam. With raw edges even, pin.
- 3) Match the end of the top of the sleeve on one side with the end of the armhole. With raw edges even, secure with a pin. Pull gathering thread a little to bring the lace sleeve into the same size as the armhole, match raw edges and pin. Repeat with the other side of the sleeve.
- 4) Repeat step 3) with second sleeve.
- 5) Using a straight stitch sew a  $\frac{1}{4}$ " (6mm) seam allowance around the armhole securing beginning and end with reverse stitches.



- 6) Repeat step 5) with second sleeve.
- 7) Remove gathering thread.
- 8) Overcast raw edges of seam allowance of both sleeves with a zigzag stitch.
- 9) Push seam allowance of armhole towards the bodice and with the right side of the fabric facing up sew a few zigzag stitches at the shoulder seam ensuring that the feed dogs are down so that you stitch in the one place and you are stitching inside the ¼" (6mm) seam allowance. This will hold the seam allowance so that you don't see it through the lace. Repeat on second sleeve.
- 10) Press remainder of seam allowance towards the bodice.

## **11. Sew Side Seams of Bodice**

- 1) Fold back of bodice over on top of the front of the bodice with right sides of fabric together. Match side seams and sleeve seams ensuring that the seam allowance of the armhole is facing down towards the bodice. Pin.
- 2) Starting at the hem of the sleeve sew a ¼ " (6mm) seam allowance with a straight stitch. Secure beginning and end with reverse stitches.
- 3) Overcast raw edges of seam allowance with a zigzag stitch.
- 4) Repeat steps 1) to 3) with second sleeve.
- 5) Turn bodice to right side.
- 6) Match the raw edges of the bottom of the bodice i.e. right side and lining, and pin.
- 7) Using a straight stitch, sew along the bottom of the bodice with a seam allowance of less than ¼ " (6mm). This will hold the bodice and lining together so it is easier to attach the skirt.

## **Option 2:**

## **12. Sew Armholes**

- 1) Match shoulder seams of armholes and pin with one seam allowance facing one way and the other seam allowance facing the opposite direction. Making sure to push them the same way as you did for the neckline. Repeat on second armhole.
- 2) Using a straight stitch sew ¼ inch (6mm) seam around the armholes securing beginning and end with reverse stitches.



### **13. Turn Bodice To Right Side**

- 1) Clip seam allowance around each armhole approximately every  $\frac{1}{4}$ " –  $\frac{1}{2}$ " (6mm – 12mm) being careful not to cut the stitching.
- 2) Clip seam allowance at each corner of the neckline on an angle all the way down to the stitching being careful not to cut the stitching.
- 3) Turn bodice top to right side by pushing each back bodice piece through the shoulder towards the front. Use your point turner to push the end of the bodice back piece out to a nice point.
- 4) Press with an iron.

### **14. Sew Side Seams of Bodice**

- 1) Fold back of bodice over on top of the front of the bodice. Open out the bodice right side and lining so that the raw edges of the side seams are even and match the underarm seam. Pin. Repeat on other side.
- 2) Using a straight stitch, sew  $\frac{1}{4}$ " (6mm) seam allowance starting at the bottom of the bodice, going up over the underarm seam and down to the other end of the bodice securing beginning and end with reverse stitches. Repeat on the other side.
- 3) Open out this side seam allowance and with wrong sides of fabric together, fold bodice down so that the bottom of the lining is even with the bottom of the right side of the bodice. This will reduce the bulk under the arm. Pin.
- 4) Using a straight stitch, sew along the bottom of the bodice with a seam allowance of less than  $\frac{1}{4}$ " (6mm). This will hold the bodice and lining together so it is easier to attach the skirt.

### **Options 1 & 2:**

### **15. Sew Side Seams of Skirt**

- 1) With right sides of fabric together, match the hem and side seam of the first back piece with the hem and side seam of the front. Pin side seam from hem to waist. Repeat with second back piece.
- 2) Using a straight stitch sew  $\frac{1}{4}$ " (6mm) seam allowance sew from hem towards the waist secure beginning and end with reverse stitches. Repeat with second side seam.
- 3) There is no need to overcast the raw edges of this seam as it will not fray due to the fabric being on the bias.



## 16. Hem Skirt

- 1) If you have a serger (overlocker) sew a rolled hem along the raw edge of the hem.
- 2) If you don't have a serger (overlocker) I recommend using a Rolled Hem foot to sew a rolled hem. I use a zigzag stitch instead of the normal straight stitch when sewing with fabric that frays easily. See my video for a great tip on getting the rolled hem started and going over the side seams.
- 3) If you don't have a serger (overlocker) or a Rolled Hem foot, sew a zigzag stitch along the raw edges of the hem using a stitch that is about 3.5 wide and 1 in length ensuring that the needle goes down just over the edge of the fabric on the right side. Trim and then fold this finished edge up into the wrong side no more than  $\frac{1}{4}$ " (6mm) and using a straight stitch sew midway between the fold and the finished edge.

### Option 2:

## 17. Attach Lace to Skirt

- 1) With the right side of the skirt facing up, place the lace over the top with the right side of the lace facing up as well.
- 2) With the raw edges of the top of the skirt and lace even, secure with pins all around the waist. Match the centre back of skirt with the centre back of the lace and pin. The hem of the lace should be longer than the hem of the skirt because the skirt has been hemmed but the lace hasn't and the lace will hang below the hem of the skirt. Repeat on the other side making sure that the amount that the lace hangs below the skirt is the same on both sides.
- 3) Using a straight stitch sew just inside  $\frac{1}{4}$ " (6mm) seam allowance from the hem on one side, up the centre back, around the waist and down the other side.

### Options 1 & 2:

## 18. Sew Back Seam

- 1) Overcast the raw edge on one side of the centre back with a zigzag stitch. If you are doing option 2 with the lace overlay, start your zigzag at the satin and not the lace. Repeat along the raw edge of the other centre back seam.
- 2) With right sides of the fabric together, match the finished edges of the centre back, ensuring that the hem is even. Pin. Measure 3" (8cm) down from the waist and place a pin facing across the stitching line. This is where you will stop sewing your centre back seam. Place additional pins between the hem and this point.





- 3) Using a straight stitch sew  $\frac{1}{2}$ " (12mm) seam allowance starting at the hem and securing with reverse stitches. Sew up to the pin 3" (8cm) down from the waist and lower the needle into the fabric. Lift the presser foot and turn the fabric so that you can sew out to the edge of your seam. Lower the presser foot and sew across to the edge and finish with reverse stitches. This will add strength to the bottom of the opening.
- 4) Turn skirt to right side.
- 5) With the hem in your left hand, push the seam allowance of the centre back up and pin. Now go to the top of the skirt and push the  $\frac{1}{2}$ " (12mm) seam allowance of the top piece towards the wrong side of the fabric and pin on the right side of the fabric because you will be stitching on the right side.
- 6) Turn the skirt around so that the part of the waist that you have just pinned is on your left. Find the point where you stopped sewing the centre back seam i.e. 3" (8cm) down from the top, and with the seam allowance folded down towards you, lower the presser foot so that you can start sewing from this point. Using a straight stitch, sew  $\frac{1}{4}$ " (6mm) from the seam and across the seam allowances. Do reverse and forward stitches to secure your stitching. When you are back to your point  $\frac{1}{4}$ " (6mm) from the seam, lower the needle and lift the presser foot. Turn the fabric so that you can sew up to the waist. Before you lower the presser foot, take the fabric on the left and fold it back towards the hem so that it is out of the way. Lower the presser foot and continue to sew to the top of the skirt securing the end with reverse stitches.

## **19. Sew Gathering Threads**

- 1) Using a long straight stitch (5 length) sew a row of gathering stitches just inside  $\frac{1}{4}$ " (6mm) from the raw edge along the top of the skirt leaving a length of thread at both ends. Do not sew reverse stitches. When sewing over side seams, ensure the seam allowance is facing the same way as it is at the hem.
- 2) Sew a second row of gathering stitches a little more than  $\frac{1}{4}$ " (6mm) in from the raw edges of the top of the skirt. Again, leave threads at both ends and do not sew reverse stitches.

## **20. Attach Skirt to Bodice**

- 1) Turn skirt inside out. With the bodice right side out, place inside the skirt so that the right sides of the skirt and bodice are together.
- 2) Ensuring that raw edges are even, match one end of the bodice with one end of the skirt and pin. Match the side seam of the bodice with the side seam of the skirt and pin. Match the point of the centre front of the bodice with the lowest point of the centre





front of the skirt and pin. Match other side seam of the skirt with the other side seam of the bodice and pin. Finally, match the other end of the bodice with the other end of the skirt and pin.

- 3) Take the two bobbin threads (threads on the wrong side of the fabric) of one side of the skirt and pull gently to gather the fabric of the skirt between the pins. Continue pulling until the skirt is the same length as the bodice from the centre back to the centre front and even out the gathers in between the pins. Place more pins in between the existing pins to secure the gathered skirt to the bodice.
- 4) Repeat step 3) on the other side of the skirt.
- 5) Sew a row of straight stitch  $\frac{1}{4}$  inch (6mm) in from the raw edge to attach the skirt to the bodice ensuring the gathers are even as you go and securing beginning and end with reverse stitches. Remove gathering thread showing on right side of skirt.
- 6) Overcast raw edges of seam allowance with a zigzag stitch securing beginning and end with reverse stitches.
- 7) Turn dress to right side.
- 8) Press the seam allowance up towards the bodice.
- 9) With the feed dogs down, sew a few zigzag stitches in the side seam of the bodice close to the top of the skirt to secure the seam allowance towards the bodice. Repeat on the other side.

## **21. Attach Velcro**

- 1) With the back of the dress facing you and the seam allowance of the skirt and bodice pushed up towards the bodice, place the hook side of the Velcro strip on top of the back bodice that is on the right hand side (this side should have the zigzag finish). Ensure the Velcro is close to the neckline and close to the edge of the fabric. Stitch in place with a straight stitch.
- 2) With the seam allowance of the skirt and bodice facing up towards the bodice, place the loop side of the Velcro strip underneath (on wrong side) of the other back bodice so that the Velcro is close to the neckline and close to the centre back edge. Stitch in place with a straight stitch.



**Option 2:**

**22. Attach Beaded Detail**

- 1) Pin beaded motif in place on centre front of bodice.
- 2) Using a needle and matching (white) thread hand sew around the edge of the beaded motif to secure to bodice.

**Options 1 & 2:**

**23. Congratulations YOU did it!**

- 1) Celebrate! YOU made an absolutely gorgeous wedding dress. Well done!